

Health Disparities Experienced by Lesbian and Bisexual Women of Color

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As it relates to health and health disparities, intersectionality provides a framework for understanding how intersecting social power and oppression shapes health and the drivers of barriers and facilitators.





Intersectional Barriers



Erasure from health research & solutions

Perpetuation of health inequities





Mental Health



Gap in Research Literature

- Intersectional invisibility → "prototypical" sexual minority women as white¹
- Content analysis of bisexual mental health research:²
 - 7% of 324 articles reported outcomes for participants of color





- Black (PR = 3.02) & Latina (PR = 2.28) sexual minority women report greater depression than heterosexual women of same race/ethnicity³
- Including bisexual Black and Latina women⁴



- Black & Latina sexual minority youth report greater suicidality compared to heterosexual peers of the same race/ethnicity⁵
- Sexual minority discrimination among Black and Hispanic sexual minority adults predicts an increase in suicidality of 4.5 times compared to those not reporting SM discrimination⁶



 Nonbinary bisexual people of color report higher anxiety and depression compared to cisgender women of color⁷









Sexual & Reproductive Health



Lesbian and bisexual women of color report many barriers to supporting sexual and reproductive health

• Queer women of color report delaying access to care, in part due to cost,^{3,8} as well as experience or anticipation of stigma,⁹ and distrust of healthcare systems¹⁰



- Provider interactions
- Black and Latina sexual minority women are less likely to receive contraceptive counseling compared to white, heterosexual counterparts¹¹
- A lack of shared cultural understanding and relatability with sexual healthcare providers¹²
- Reduced communication and shared decision making with Black trans women is associated with reduced access to PrEP⁹





- Preventative care
- Black lesbian women least likely to receive HPV vaccination compared to white heterosexual women (OR = 0.16)¹³
- Black sexual minority women 5.17 times as likely to delay breast cancer care compared to white heterosexual women (37)¹⁰





Lesbian & **Bisexual** women of color deserve equitable care



Thank You

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