



Research Strategies to Optimize Healthcare for People with Multiple Chronic Conditions (MCC) from Populations Experiencing Health Disparities

DAY 1
March 18, 2024 | **TIME**
10:00 a.m. ET

DAY 2
March 19, 2024 | **TIME**
10:00 a.m. ET

Research Strategies to Optimize Healthcare for People with Multiple Chronic Conditions (MCC) from Populations Experiencing Health Disparities

Workshop Agenda
March 18-19, 2024

NIMHD Planning Committee

Larissa Avilés-Santa, M.D., M.P.H., FACP, FACE, Chair
Yewande A. Oladeinde, Ph.D., Co-Chair
Sundania J. W. Wonnum, Ph.D., BCD, LCSW, Co-Chair

Day 1 – Monday, March 18	
<i>All times listed are Eastern Daylight Time (UTC -4)</i>	
10:00 a.m.	Welcome Remarks and Overview <i>Workshop Committee</i>
10:10 a.m.	Introductory Remarks <i>Eliseo J. Pérez-Stable, M.D., NIMHD Director</i>
10:20 a.m.	Keynote Session State of the Science: Conducting Research on Multiple Chronic Conditions to Advance Health Equity <i>Marshall Chin, M.D., M.P.H., University of Chicago</i>
10:40 a.m.	Keynote Session Q&A <i>Moderator: Yewande A. Oladeinde, Ph.D., NIMHD</i>
10:45 a.m.	Session I: Conducting MCC Research: Challenges Within Health Care and Community Settings <i>Moderator: Dolly P. White, M.D., M.S.C.R., NIMHD</i>

Research Strategies to Optimize Healthcare for People with Multiple Chronic Conditions (MCC) from Populations Experiencing Health Disparities

10:47 a.m.	Comprehensive Care for Patients With Multiple Chronic Conditions Experiencing Health Disparities: Barriers to Translating Research Into Practice <i>David Meltzer, M.D., Ph.D., University of Chicago</i>
11:02 a.m.	Racism as a Fundamental Cause of Chronic Disease <i>Michele Allen, M.D., M.S., University of Minnesota Program in Health Disparities Research</i>
11:17 a.m.	Importance of a Life Course Perspective for Addressing Multiple Chronic Conditions <i>Elbert Huang, M.D., M.P.H., University of Chicago</i>
11:32 a.m.	Using Implementation Science to Promote Cancer Health Equity: Integrating Multiple Chronic Condition Care From Cancer Prevention Through Survivorship <i>Denalee M. O'Malley, Ph.D., M.S.W., Rutgers RWJ Medical School</i>
11:47 a.m.	Care in the Face of Complexity in Indian Health <i>Bruce Finke, M.D., Indian Health Service</i>
12:02 p.m.	Session I – Q&A/Wrap-Up
12:27 p.m.	Lunch Break
1:27 p.m.	Session II: Innovative Models of Health Care for MCCs: Lessons Learned From Research <i>Moderator: Lynne S. Padgett, Ph.D., FAPOS, NIMHD</i>
1:29 p.m.	Effectiveness of a Pharmacist-Led Primary Care Intervention Among Black and Hispanic Patients With Diabetes and MCC: Challenges and Lessons Learned <i>Carol M. Mangione, M.D., M.S.P.H., UCLA David Geffen School of Medicine</i>
1:44 p.m.	DECIDE™ Self-Management Support Program: An Approach to Empowering Persons Managing Multiple Chronic Conditions <i>Stephanie L. Fitzpatrick, Ph.D., Northwell Health Zucker School of Medicine</i>
1:59 p.m.	Optimizing Health Care for African American Adults With Chronic Kidney Disease and Type 2 Diabetes Experiencing Multidimensional Adversity: Research Strategies, Methods and Lessons Learned <i>Mukoso N. Ozieh, M.D., M.S.C.R., Medical College of Wisconsin</i>
2:14 p.m.	Opportunities and Challenges With Implementation of Patient Priorities Care – North Carolina <i>Crystal Wiley Cené, M.D., M.P.H., FAHA, UCSD Health</i>

Research Strategies to Optimize Healthcare for People with Multiple Chronic Conditions (MCC) from Populations Experiencing Health Disparities

2:29 p.m.	Care Coordination Along the Health Care Continuum: Reinventing Primary Care With Self-Service <i>Joseph Scalea, M.D., Medical University of South Carolina and Massachusetts Institute of Technology</i>
2:44 p.m.	Session II – Q&A/Wrap-Up
3:09 p.m.	Plenary Session I <i>Moderator: Larissa Avilés-Santa, M.D., M.P.H., FACP, FACE, NIMHD</i>
3:11 p.m.	Advancing Health Equity Among People at Risk for or Living with Multiple Chronic Conditions: The Role of Learning Health Systems <i>Arlene S. Bierman, M.D., M.S., Agency for Healthcare Research and Quality</i>
3:31 p.m.	Plenary Session I Q&A
3:36 p.m.	Break/Transition to Breakout Sessions
Concurrent Breakout Sessions	
3:40 p.m.	Room A <i>Brainstorming Solutions to Challenges Previously Described During the Panel Discussion</i>
	Room B <i>Discussion of Optimal Research Methods, Best Practices Related to Implementation or Integration of Multiple Guidelines of Care for Patients With MCCs</i>
4:30 p.m.	Report-Out From Breakout Groups and Discussions
4:55 p.m.	Day 1 Summary <i>Workshop Committee</i>
5:00 p.m.	Adjourn

Day 2 – Tuesday, March 19

All times listed are Eastern Daylight Time (UTC -4)

10:00 a.m.	Session III: Research Design and Data Collection Within the Context of the Health Care Continuum <i>Moderator: Michelle Doose, Ph.D., M.P.H., NCI</i>
-------------------	-----------------------------------------------------------------------------------------------------------------------------------------------------------------

Research Strategies to Optimize Healthcare for People with Multiple Chronic Conditions (MCC) from Populations Experiencing Health Disparities

10:02 a.m.	Social Determinants of Health Common Data Elements in the NIMHD Health Equity Action Network (HEAN) <i>Stuart A. Gansky, Dr.P.H., University of California, San Francisco</i>
10:17 a.m.	Implementing Interventions in the Rural South to Address Cardiometabolic Disparities: Challenges and Lesson Learned <i>Andrea Cherrington, M.D., M.P.H., University of Alabama at Birmingham</i>
10:32 a.m.	Optimizing Care Through Optimizing Patient-Clinician Collaboration: A Methodological Perspective <i>Marleen Kunneman, Ph.D., Leiden University Medical Center (Leiden, the Netherlands) and Mayo Clinic (Rochester, NY)</i>
10:47 a.m.	Unlocking Insights: Making Comparative Effectiveness Research Count in Real-World Settings <i>Kelly Williams, Ph.D., M.P.H., UPMC Center for High-Value Health Care</i>
11:02 a.m.	A Culturally Congruent Health Care to Reducing Health Disparities in Indigenous Populations <i>Vallabh (Raj) Shah, Ph.D., M.S., FASN, University of New Mexico School of Medicine</i>
11:17 a.m.	Session III – Q&A/Wrap-Up
11:37 a.m.	Session IV: Research Methods to Advance Multilevel and Intersectional Research on MCCs <i>Moderators: Carolina Solis Sanabria, M.D., M.P.H., FACS Rada K. Dagher, Ph.D., M.P.H.</i>
11:39 a.m.	Complexity and Research in Patients With Multiple Chronic Diseases – A Team Approach <i>Mark S. Johnson, M.D., M.P.H., Howard University</i>
11:54 a.m.	Building a Multidisciplinary Team for Conducting MCC Research: Incarceration and Cancer Care as a Case Study <i>Cary P. Gross, M.D., Yale School of Medicine and Cancer Outcomes Public Policy and Effectiveness Research (COPPER) Center</i>
12:09 p.m.	Lunch Break
1:09 p.m.	It Takes a Village (of Scientists and Patients) to Conduct Impactful MCC Research <i>Matthew L. Maciejewski, Ph.D., Duke University and Durham VA HSR&D</i>
1:24 p.m.	Rural Health Research on Multiple Chronic Conditions: Did COVID-19 or Can Rural Primary Care Help the MCC Agenda? <i>K. Allen Greiner, M.D., M.P.H., University of Kansas Medical Center</i>

Research Strategies to Optimize Healthcare for People with Multiple Chronic Conditions (MCC) from Populations Experiencing Health Disparities

1:39 p.m.	Session IV – Q&A/Wrap-Up
1:59 p.m.	Session V: Analytical Challenges <i>Moderator: Sundania J. W. Wonnum, Ph.D., BCD, LCSW, NIMHD</i>
2:01 p.m.	Methodologic Challenges and Approaches to Studying Latino Health Equity in Multiple Chronic Conditions Using Electronic Health Records <i>John Heintzman, M.D., M.P.H., Oregon Health and Science University</i>
2:16 p.m.	Data Analytic Considerations in Optimizing for Persons With Multiple Chronic Conditions (MCC) in Research and Health Care Delivery <i>Daniel F. Sarpong, Ph.D., Yale University School of Medicine Office of Health Equity Research</i>
2:31 p.m.	Data in Determines Data Out – Community-Engaged Approaches to Inform Research in Multiple Chronic Conditions Cancer as an Example <i>Manali I. Patel, M.D., M.P.H., M.S., FASCO, Stanford University School of Medicine</i>
2:46 p.m.	Health Equity in Patients With Multiple Chronic Conditions: How Can We Help Cancer Patients Manage Their Comorbid Conditions? <i>Laura C. Pinheiro, Ph.D., M.P.H., Weill Cornell Medicine</i>
3:01 p.m.	Session V – Q&A/Wrap-Up
3:21 p.m.	Break
3:31 p.m.	Session VI: Unique Settings and Populations <i>Moderator: Larissa Avilés-Santa, M.D., M.P.H., FACP, FACE</i>
3:33 p.m.	Studying Puerto Rico Health Care: Challenges and Opportunities <i>Alexandra Rivera-González, Ph.D., M.P.H., University of California, Merced</i>
3:48 p.m.	Equitable Care for Multiple Chronic Conditions – Opportunities From the Veterans Health Administration <i>Jessica Y. Breland, Ph.D., Center for Innovation to Implementation, VA Palo Alto Health Care System</i> <i>April Mohanty, Ph.D., M.P.H., Informatics Decision-Enhancement and Analytics Sciences Center, VA Salt Lake City Health Care System</i>
4:03 p.m.	Session VI – Q&A/Wrap-Up
4:18 p.m.	Plenary Session II: A Way Forward <i>Moderator: Yewande A. Oladeinde, Ph.D., NIMHD</i>

Research Strategies to Optimize Healthcare for People with Multiple Chronic Conditions (MCC) from Populations Experiencing Health Disparities

4:20 p.m.	Moving the Needle in Health Equity: From Academia High Heels to Real-World Muddy Boots <i>Sivan Spitzer, Ph.D., M.A., Azrieli Faculty of Medicine, Bar-Ilan University, Israel</i>
4:40 p.m.	Plenary Session II Q&A
4:45 p.m.	Day 2 Reflections <i>Workshop Committee</i>
5:00 p.m.	Adjourn